



SAILING INSTRUCTIONS

March 2017 Edition

Significant changes from the previous edition are sidelined.

HARBOUR REGULATIONS AND WARNINGS

When Meeting Boats Not Racing

The International Regulations for Preventing Collisions at Sea (IRPCAS) apply between a boat sailing under the racing rules and a vessel that is not.

A boat racing or intending to race is required not to obstruct other vessels whether they are under sail or under power. If she fails to comply with this obligation she may be protested and penalised.

High speed sailing dinghies should have due regard for slow moving vessels which may be unable to respond in sufficient time to keep clear.

A boat racing must resist the temptation to take any action which is contrary to the IRPCAS in order to gain tactical advantage; for example passing too close to a non-racing vessel, not making your intention clear and leaving avoiding action too late.

Chichester Harbour Hazards

West Pole Sands (south-west of the harbour entrance) and the Winner Bank are very dangerous in rough weather.

The highest part of the Winner Bank just south of Mid-Winner buoy is hazardous, even at high water, and especially when there is a fast flowing ebb tide and light winds.

SAILING INSTRUCTIONS

1. RULES

1.1 Racing will be governed by the *rules* as defined in the Racing Rules of Sailing (RRS). Unless published separately for an event, the notice of race is the Itchenor Sailing Club (ISC) Handbook; sections 4, 5 and 6 refer.

1.2 These sailing instructions (SI) include the Course Cards described in SI 8. A rule in a Course Card takes precedence over any conflicting sailing instruction.

1.3 The last sentence of the preamble to Race Signals is changed to 'When a visual signal is displayed over or adjacent to a class flag, the signal applies only to that class.'

1.4 RRS 41, Outside Help. When a boat has received help for a crew member who is ill, injured or in danger, the boat shall report that help to the protest committee in writing before the end of protest time on the day concerned. The protest committee will consider if the boat gained a significant advantage as a result and, if so, it may protest the boat.

1.5 In Swallow, Sunbeam and XOD Class races, the Two-Turns Penalty is replaced by a One-Turn Penalty. This amends RRS 44.1.

1.6 When permitted by RRS 87, a boat that wishes to use a sail with a sail number not complying with RRS 77 shall, before racing, submit a request in writing to the race committee at the ISC office. [DP]

1.7 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration of the RYA Rules Disputes procedures shall apply. These procedures can be obtained from the ISC office and the RYA web site (www.rya.org.uk/go/rulesdisputes).

1.8 When a boat or competitor is required to sign a document or make a report, the forms to be completed are located at the bottom of the stairs to the ISC Office.

1.9 The notation '[DP]' in these sailing instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

2. SAFETY

2.1 Personal Flotation

RRS 40 shall apply at all times while afloat to all competitors

- (a) in all dinghy classes;
- (b) aged under 18;
- (c) sailing keelboats single handed.

2.2 Signing Out and Signing In

This rule applies to all boats, except cruiser classes, when any mark of the course is scheduled to be south of Treloar mark and to the Mirror and Topper classes at all times.

Before racing a boat shall sign out by a member of her crew personally completing the signing out sheet. Immediately on returning ashore a boat shall sign in by a member of her crew personally completing the signing in sheet.

A boat that fails to comply with this rule may be penalised without a hearing. This amends RRS 63.1. [DP]

2.3 Safety Instructions from Race Committee

When the race committee considers that a boat, its equipment or crew are not adequate for the existing or anticipated conditions or that a boat or crew member is in difficulty, it may instruct the boat or crew not to launch, or to retire or to sail ashore or to accept outside help. The boat and crew shall comply with such instructions without delay.

2.4 VHF Radios for Keelboats

Each keelboat intending to race in Hayling Bay or beyond shall carry a working marine band VHF transceiver for emergency use and for communications with the race committee.

2.5 Boats Not Racing

When sailing in or near a starting area, a boat intending to race shall not obstruct vessels under sail or under power which are neither racing nor intending to race. [DP]

3. COMMUNICATIONS WITH COMPETITORS

3.1 Signals made Ashore

Signals made ashore will be displayed on the ISC flagstaff.

3.2 Notices to Competitors

Notices to competitors will be posted on the official notice board by the ISC platform.

3.3 Postponement Ashore

When displayed ashore flag AP (with two sound signals) means races are postponed. When flag AP is removed (with one sound signal) the warning signal will be made not earlier than the time stated in SI 3.4. This amends race signal AP.

3.4 Time Before Warning Signal

When flag AP is removed after a postponement ashore (SI 3.3) or the starting line location (SI 7) or a special course (SI 8.3) is indicated, the warning signal for any race affected will be made not less than the following time later.

<i>Location of starting line</i>	<i>Minutes</i>
Club Line	10
Committee Vessel inside harbour	40
Committee Vessel outside harbour	80

3.5 Cancellation of Morning Racing

When flag N over an AM symbol is displayed (with three sound signals), all races scheduled to start before 1300 hours are cancelled.

4. CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be posted on the official notice board for at least two hours before the scheduled starting time of the race or races concerned and will be indicated by displaying flag L. When the change is to apply for all future races (and not for only one race or one event) flag L will be displayed over the numeral pennant which indicates the latest amendment number, but not after 4 weeks from the time the amendment first applied. This amends race signal L.

5. SCHEDULE OF RACES

5.1 Unless published separately for an event, the schedule of races is as shown in the ISC Handbook.

5.2 When a race is scheduled to start outside the harbour, it may be rescheduled to start 30 minutes earlier inside the harbour.

6. CLASS FLAGS

The class flags will be

Swallow	B	International 14	M	Int 420	420 symbol
Sunbeam	V	RS 800	Pennant 4	Topper	T
XOD	D	RS 200	Pennant 2	Mirror	Pennant 6
		Laser	Laser symbol	Cruisers	As notice of race

7. COMMITTEE VESSEL STARTS

The location of a Committee Vessel starting line will be indicated on the ISC flagstaff.

Orange flag over flag W	Between Itchenor and Rookwood marks
Orange flag over flag T	In area of Thorney mark
Orange flag over flag O	Outside the harbour. The approximate location of the starting line is shown on the official notice board.

8. COURSE

8.1 Course Cards

Unless indicated otherwise below, the description of the marks and the course to be sailed will be displayed in accordance with Course Card Alpha (α), Harbour and Bay Courses.

When the first code of the course displayed on the Committee Vessel is symbol β , Course Card Beta (β), Diagram Courses, applies.

Course Card Omega (Ω), Courses in Hayling Bay and Beyond, applies when so stated on the official notice board not less than 2 hours before the scheduled starting time of the first race of the day, or when flag O is displayed on the Committee Vessel not less than 5 minutes before the warning signal for the race.

8.2 Time to Display Course

The course shall be displayed no later than the preparatory signal. This amends RRS 27.1.

8.3 Special Course

A special course may be posted on the official notice board. If so, this is a change of sailing instructions and will be indicated by displaying flag L on the ISC flagstaff.

9. STARTING LINES

9.1 Committee Vessel Line

9.1.1 The Committee Vessel Line is between a staff displaying an orange flag on the Committee Vessel and an outer starting line mark with an orange flag or, when no outer starting line mark is laid, the nearest mark.

9.1.2 An inner starting limit mark, displaying flag O, may be laid adjacent to the Committee Vessel and, if laid, is a starting mark for the purposes of the rules.

9.2 Club Line

The Club Line is a line through the Club flagstaff, the white post on the south shore and the two posts with yellow top-marks on the north shore. Boats must pass on the channel side of all these posts.

10. CHANGE OF COURSE AFTER THE START

The race committee may change the course to be sailed after a rounding mark or gate. The signal shall be the display of flag C with repetitive sounds and,

- (a) when substantial movements are made to one or more inflatable marks, the approximate compass bearing to the next mark will be displayed, or
- (b) when the course is changed, the subsequent course will be displayed.

This amends RRS 33 and race signal C.

11. SHORTENING OR ABANDONING AFTER THE START

After the starting signal, the race committee may shorten the course or abandon the race for any proper reason. This amends RRS 32.1 but not the last sentence of the rule.

12. FINISHING LINES

12.1 At a Mark. At a mark, the finishing line is between the mark and a staff displaying a blue flag on a Committee Vessel.

12.2 At a Gate. At a gate, the finishing line is between the marks of the gate.

12.3 Club Line. The Club Line is defined in SI 9.2.

12.4 Gallon Line. A line between the Gallon Line Post (on Cobnor Point - west of Itchenor Fairway buoy) and a staff displaying a blue flag on a Committee Vessel.

12.5 Chalkdock Line. A line between the withy, partly coloured yellow, (on the Itchenor shore up-harbour from Peacock mark) and a staff displaying a blue flag on a Committee Vessel.

13. SPECIAL FINISHING PROCEDURES

13.1 Boats a lap behind at the finishing line

After one boat has finished a race of more than one lap, a boat still racing in that race will be scored for the race when she next crosses the finishing line. Her score at the finishing line will be adjusted for the number of laps completed.

13.2 After one boat has finished

After one boat has finished a race, the race committee may motor through the fleet displaying flag Q. It shall record boats still racing in order of increasing distance to sail the course to the finishing line. The leading boat so recorded will be scored one more than the last boat to finish before recording began. Each subsequent boat recorded will be scored one more than the previous boat.

13.3 When no boat has finished

When no boat has finished, the race committee, for any reason stated in RRS 32.1, may motor through the fleet displaying flags S and Q. It shall record boats still racing in order of increasing distance to sail the course to the finishing line. The leading boat so recorded will be scored one point; each subsequent boat recorded will be scored one more than the previous boat. However, if the boat has not rounded the first mark, she will be scored Did Not Finish.

13.4 Scoring Boats Not Finishing

When a boat is scored under SI 13, her score will apply even if the boat subsequently finishes. SI 13 amends RRS A4.1 and A5.

14. TIME LIMITS

14.1 Time Limit for First Boat

The time limit for each race is

- (a) three hours when no mark of the course is south of Treloar mark;
- (b) 1800 hours (6pm) when the course area extends beyond the harbour and Hayling and Bracklesham Bays;
- (c) four hours for other courses.

14.2 Time Limit for Other Boats

A boat that fails to finish within the time limit in SI 14.1 or within one hour after the first boat that sails the course as required by RRS 28 and finishes, whichever is later, will be scored Did Not Finish. This amends RRS 35 and A4.

15. RETIREMENTS, EXONERATION PENALTY AND PROTESTS

15.1 Retirement and Exoneration Penalty

A boat that retires from a race or accepts an exoneration penalty shall inform the race committee as soon as possible and shall sign the declaration sheet accordingly within one hour after the last boat in her race finishes at, or up-harbour of, Peacock mark or within two hours after the last boat in her race finishes elsewhere. The race committee shall extend the time limit if there is good reason to do so.

15.2 Protests

Protests shall be delivered to the ISC office, or if closed to any ISC official, no later than the time limit in SI 15.1. Protests will be heard as soon as possible after delivery.

16. SCORING SYSTEM

16.1 Scoring System

The scoring system will be as specified in the notice of race. If not specified, the low point system in RRS A4 will apply.

17. RISK STATEMENT

Competitors are referred to paragraph 8 in the notice of race.
